

# God's Mirror

## Lesson 1 – Outline

1. We are three-part beings: spirit, soul, and body.

**“And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ”** (1 Thess. 5:23, emphasis mine).

- A. Spirit – Our innermost part.
- B. Soul – Our mental, emotional part. Includes: mind, will, emotions, and conscience. Often called “personality.”
- C. Body – Our physical part.

2. You can feel both your body and your soul, but your spirit cannot be accessed in any natural way.

**“That which is born of the flesh is flesh; and that which is born of the Spirit is spirit”** (John 3:6).

- A. No direct connection between spirit and flesh (flesh = soul and body).
- B. Can't contact your spirit through your emotions or physical body.

3. Understanding spirit, soul, and body unlocks the spirit realm so you can experience who you are and what you have in Christ.

4. God's Word is the only accurate way to perceive the spirit realm.

**“It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life”** (John 6:63).

- A. God's Word is spirit and life.
- B. God's Word reveals spiritual reality.

5. God's Word is a spiritual mirror.

**“For if any be a hearer of the word, and not a doer, he is like unto a man beholding his natural face in a glass: For he beholdeth himself, and goeth his way, and straightway forgetteth what manner of man he was. But whoso looketh into the perfect law of liberty [God's Word—specifically the New Testament], and continueth therein, he being not a forgetful hearer, but a doer of the work, this man shall be blessed in his deed”** (James 1:23-25, brackets mine).

- A. God's Word perfectly reflects who you are in the spirit.
- B. Trust the spiritual reality you see in the Word.